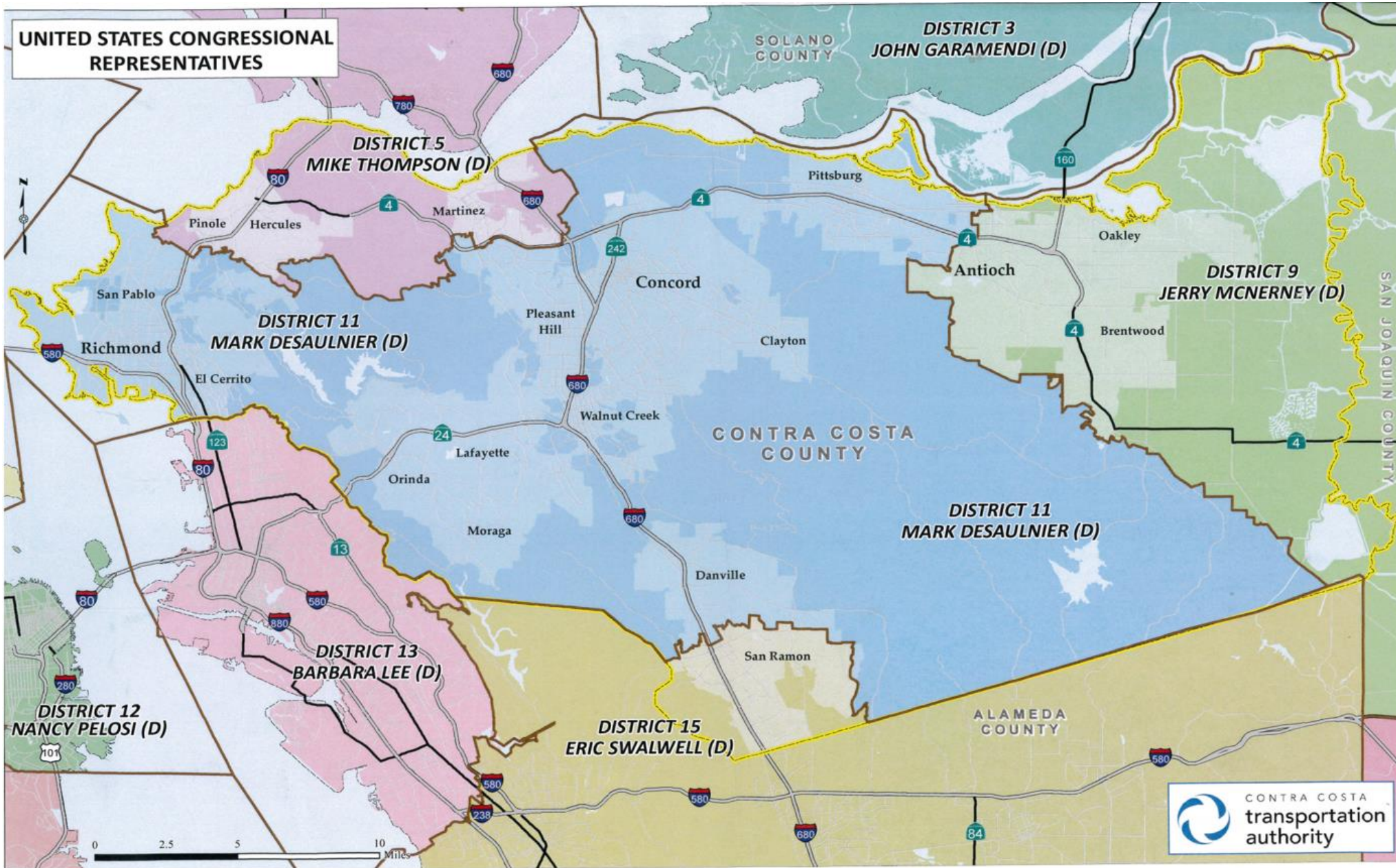




Improving Commutes to Improve Lives

with special guests Tim Haile, CCTA and Susan Shaheen,
UC Berkeley

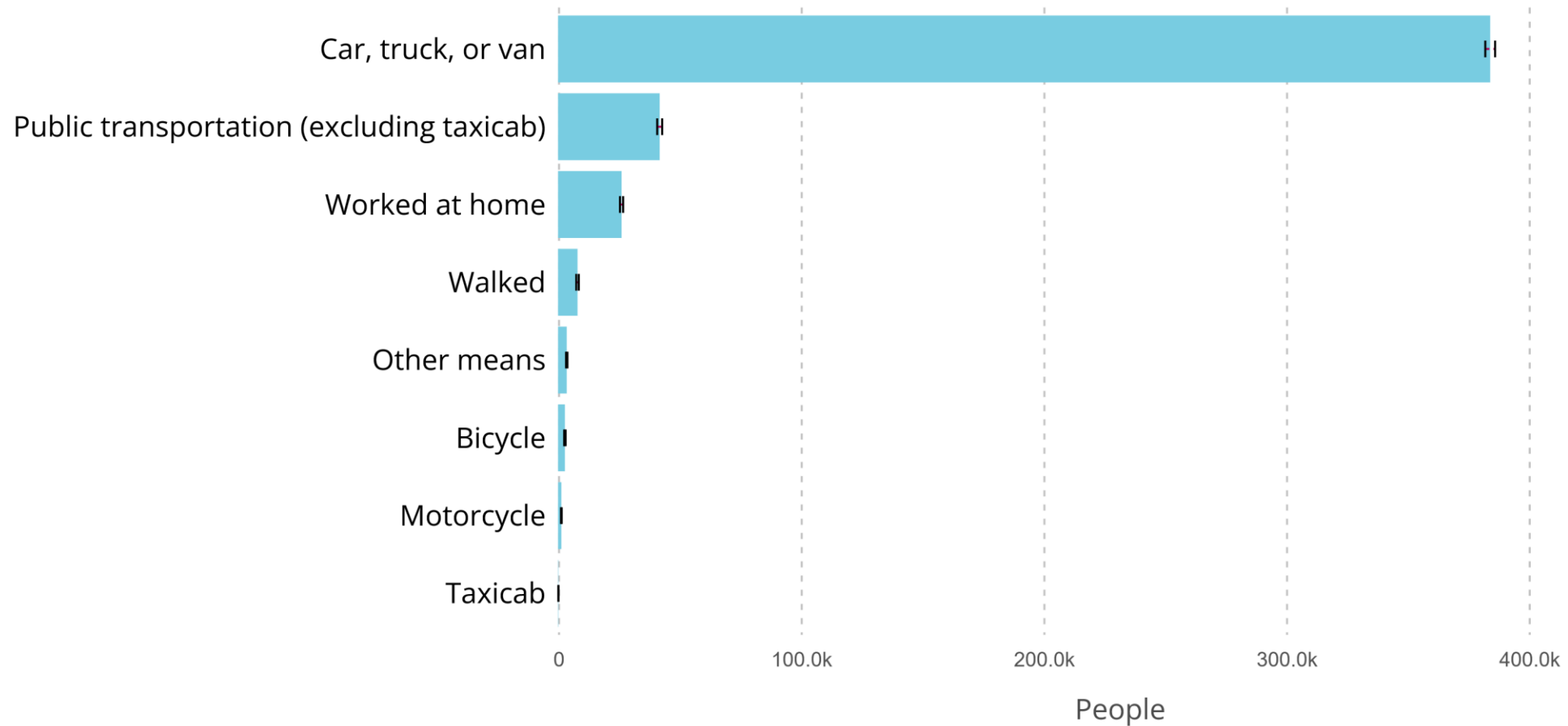
APRIL 14, 2022



Commuting By The Numbers

- ▶ Megacommuters are defined as **commuters who travel 90 minutes or more one-way to work**
- ▶ **In 2009, 3% of all commuters were megacommuters. In 2018, that figure had increased to 6.6%**
 - ▶ In real numbers, in 2018, there were 4.3 million workers with commutes of 90 minutes or more, up from 3.3 million in 2010
- ▶ From 2013-2017, 415,000 Californians drove to work while 53,000 Californians took public transportation to work
- ▶ According to MTC, **traffic congestion in the Bay Area increased 80%** between 2010 and 2017
- ▶ The average commute emits 3.2 million tons of CO₂ per year per commuter
- ▶ Commuting has been linked to higher cholesterol, higher blood pressure, decreased physical exercise, reduced socialization, less sleep, increased stress, and higher exposure to air pollutants.

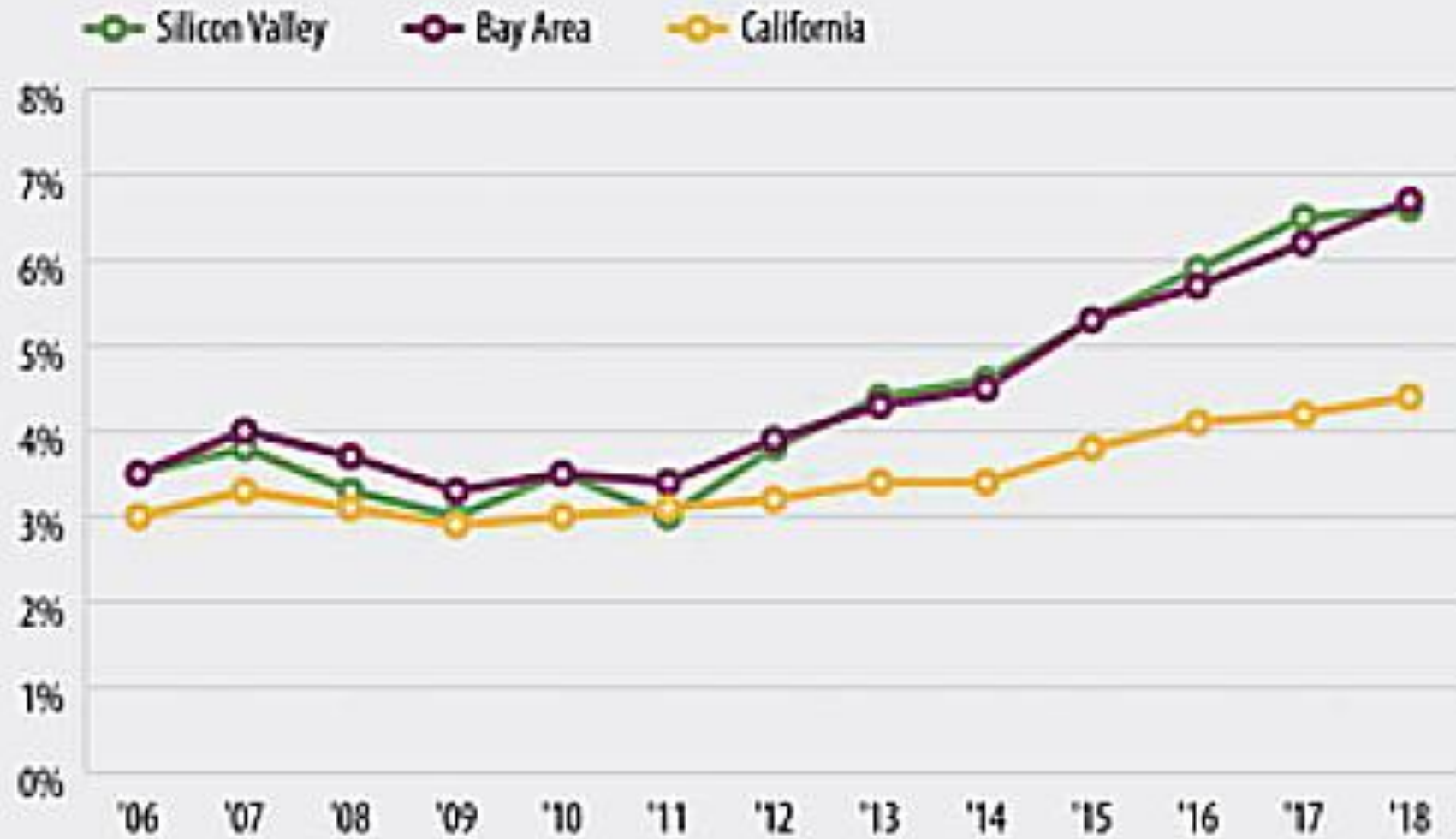
Commuting in Contra Costa



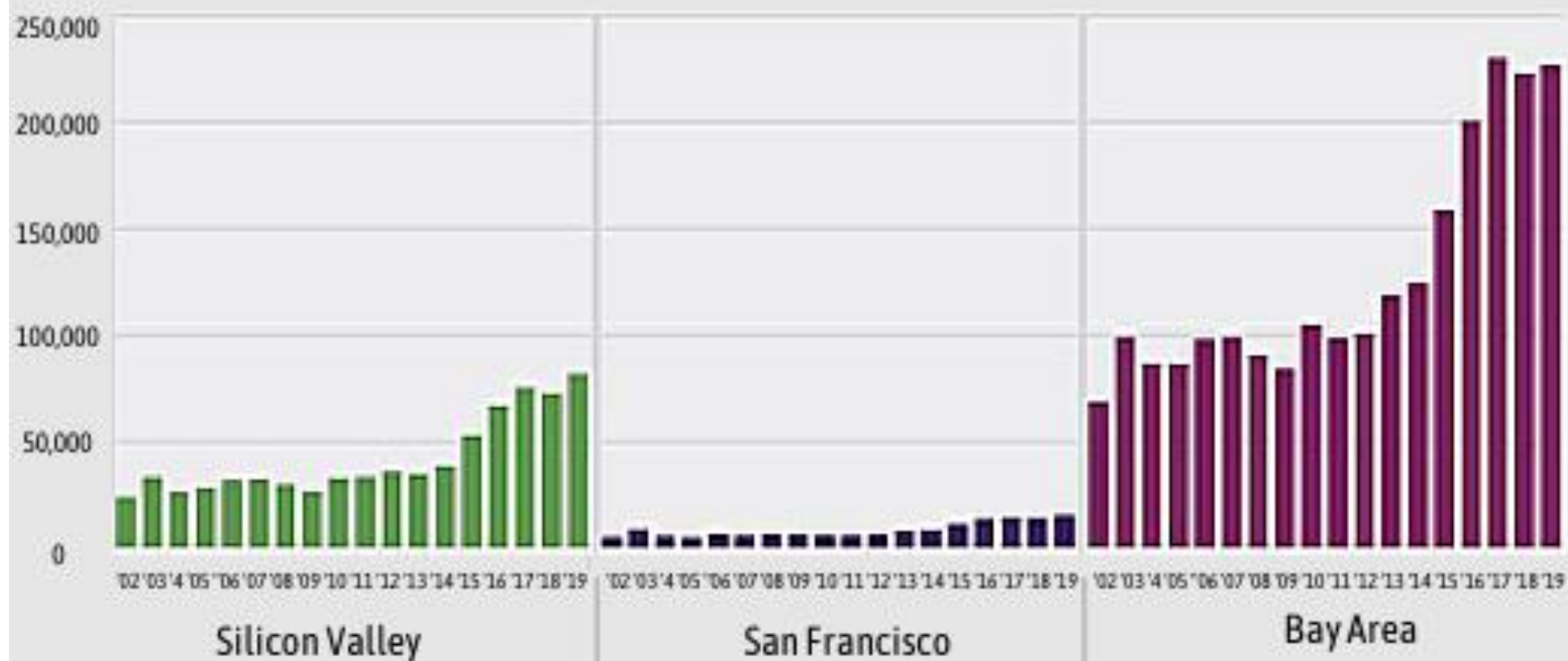
Commuting

Megacommuters*Santa Clara & San Mateo Counties, Bay Area, and California*

Percent of Local Employees with One-Way
Commutes of More than 90 Minutes



Traffic Congestion

Daily Vehicle Hours of Delay Due to Congestion*Santa Clara & San Mateo Counties, Bay Area, and California*

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